

2001 California Dietary Practices Survey

Table 3: Consumption of Salad Dressing, Out of Salad Eaters, Trends 1993-2001

Question: Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie, vinegar or lemon juice, or no dressing at all?

Base: Out of Salad Eaters

	Percent Who Ate Low Fat Dressing					Change of Percentage			
	1993	1995	1997	1999	2001	1993-95	1995-97	1997-99	1999-01
Total	46	51	59	54	48	5	8**	-5	-6
Sex									
Males	41	46	62	55	52	5	16***	-7	-3
Females	50	55	57	53	45	5	2	-4	-8
Males									
18 - 24	29	16 *	44	63 *	46	-13	28	19	-17
25 - 34	52	34	58	62	50	-18	24*	4	-12
35 - 50	33	56	64	42	42	23*	8	-22**	NC
51 - 64	34	59	75	64	70	25	16	-11	6
65+	61	37	61	54	53	-24	24	-7	-1
Females									
18 - 24	48	49	48	62	33	1	-1	14	-29
25 - 34	43	62	47	49	43	19	-15	2	-6
35 - 50	50	53	59	47	40	3	6	-12	-7
51 - 64	52	57	60	53	49	5	3	-7	-4
65+	51	50	66	67	58	-1	16	1	-9
Ethnicity									
White	48	51	56	55	50	3	5	-1	-5
Hispanic	46	54	63	59	47	8	9	-4	-12
Black	41	36	61	45	42	-5	25	-16	-3
Asian/Pacific Islander				53	32				-21
Education									
Less than high school	48	54	58	55	41	6	4	-3	-14
High school graduate	39	38	59	45	41	-1	21**	-14	-4
Some college	44	49	59	51	46	5	10	-8	-5
College graduate	51	59	59	60	55	8	NC	1	-5
Income									
Less than \$15,000	45	49	52	63 *	43	4	3	11	-20
\$15,000 - 24,999	47	49	65	55	44	2	16	-10	-11
\$25,000 - 34,999	46	41	62	33	51	-5	21*	-29***	18
\$35,000 - 49,999	50	54	60	53	37	4	6	-7	-16
\$50,000+	43	55	55	53	53	12	NC	-2	NC
Physically Active									
Did not meet recommendations					43 *				
Met recommendations					53				
Overweight Status									
Overweight/Obese					49				
Not overweight					48				

A box around a group of numbers signifies that differences observed within this group are statistically significant

Chi square test:

* p<.05

** p<.01

*** p<.001